

What can I do to support my child?

Stop saying “I am bad at math.”

Say instead, “I can’t remember this, but let’s learn it together.”

Discuss the importance of **perseverance** shown through sticking with a difficult problem and of **courage** to start working on something you don’t yet understand or that you struggle with.

Practice Math Facts 5-10 minutes per night.

Remove the facts that your child really knows well.

Ask them for strategies to help figure out the facts they don’t know well.

Ask them to describe what they learned in math in detail.

Ask them questions related to what they are learning, but dig into the ideas with simple questions like “why?” or “how do you know?” or “can you solve it a different way?” or “is this always true?”

Challenge them to come up with as many ways as they can to solve a problem.

Practice concepts they may be weaker in. Review old questions they missed on homework, quizzes, or tests.

Ask them to write out an explanation of why the way they solved a problem worked.

Have them draw a picture of the problem.

Ask them to teach you a game they’ve played in class.

Play any type of game (excepting video games), even one that does not seem related to math.

Discuss the strategies your child came up with to play the games.

If you run out of ideas, ask your child’s teacher for more activities.

Give them brain teasers and work on them with them.